



**St. Paul's
Cathedral**



CATHEDRAL CALLING

*A Newsletter for St. Paul's Cathedral
Cathedral Church for Diocese of Qu'Appelle
Regina, Saskatchewan
March 31, 2023 – Issue #40*

EVERYONE WELCOME for SUNDAY EUCHARIST at 10:00 a.m.

Wearing of masks recommended but not required.

Services are livestreamed at:

<https://www.facebook.com/StPaulsAnglicanCathedralRegina>



Clergy Message

Very Reverend Mike Sinclair

When my kids were little, they each had an endearing trait as their language developed. I would ask them, “What are you doing?”, and for a brief period in each of their lives they would answer, “Good.” This clearly reflected a misunderstanding, as they thought I was asking “How are you doing?”, the correct response being “Well.” The misunderstanding was delightful, as it made me happy to think of them being well and doing good.

As Lent draws to a close and we enter into the season of Easter, please know that these are my hopes for each of you. That in this season, we've been able to promote or reclaim our wellness. Lenten observance and focus is helpful that way. Inner tidying is important. It is also my hope that from a place of increased wellness, we might be renewed in our commitment to live in a loving way in the world. That, if someone were to ask “What are you doing?”, we might be able to respond, “Good.”

Be well, do good, and be held in love.



Warden's Report

Jim Melville

Vestry met for the first time following the Annual General Meeting on March 21. As there was a rehearsal for the spring play in the church and the hall is occupied by the SaskTel Pioneers free tax clinic, we relocated to the quiet, peaceful Columbarium reception area to undertake the work of St. Paul's. We thank Cheryl Toth for agreeing to continue as Vestry Chair and Shelley Proulx for agreeing to continue as Secretary of Vestry.



The effort of the coffee and tea group that has arranged refreshments and social time after each Sunday service was recognized by Vestry. Thanks were expressed to Shelley Proulx for initiating gathering time and to Mercedes Will and her team of able helpers for making it happen each Sunday. All are enjoying the time of fellowship. If you have not attended, we encourage to stay for a beverage and a sample of the treat of the week.

As is usually the case, our parish expenses are exceeding our income in the first two months of the year. Although that is the case, the good news is that our income from both donations and outside sources is up considerably from 2022. Our space rentals and the return of special events, such as Seedy Saturday, are certainly encouraging as the year progresses.

Acting Up in Church

Next up, the spring play to be held on May 12 and 13 at 7:30 in the Cathedral. Watch for more information in Cathedral Calling and, on the posters, available at the church. This is a fundraiser, so please invite friends and family! We will be arranging an autograph session to meet the stars of the play as they launch their new acting careers.

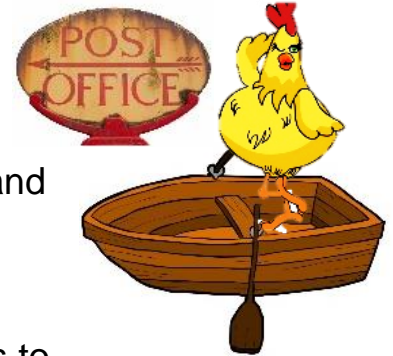
St. Paul's will next be hosting the ecumenical bag lunch from First Baptist church on April 15. Even as the weather improves, donations of socks and all types of hygiene products are needed by those attending the lunch. Donations are gratefully accepted in the large box situated on the pew in the reception area.

I recently attended a tri-diocesan (Qu'Appelle, Saskatoon and Saskatchewan) meeting to help determine if there was a will to consider reducing the number of Dioceses in the civil Province of Saskatchewan. The tone of the meeting encouraged further discussions on the topic starting with a survey of Anglicans across the province. More information should be circulated before the end of April.

On behalf of Vestry, Susan and I wish you all a happy Easter and we look forward to working with you in our lives at St. Paul's.

“At Last”, A Fun Fundraiser for St. Paul's Cathedral

What does a post office, chicken and rowboat have in common? Don't even bother trying to guess as the answer is coming to a church near you on **Friday, May 12** and **Saturday, May 13 at 7:30** in the full-length play, **At Last**.



It is with family pride that Lisa Markesteyn has determinedly worked to bring together a cast and crew of parish members to perform the play written by her aunt and uncle, Emily & Jock Warriner who live in Winnipeg, MB. It will certainly be a fundraiser highlight as you sit back and enjoy the romantic comedy that brings closure to a teenage love story.

Tickets can be purchased for \$20, at the church, from members, at the door or by phone at 306-522-6439. Bring the entire family to support the cast and crew that have good-heartedly come together to make this fundraiser possible.

Strawberry Fair



Strawberry Fair has returned! Due to weather conditions in the strawberry fields of California, the strawberry fair will be held **June 3, 2023** which is somewhat later than usual. Further notification of strawberry sales will be available in the near future.

The price of a half- or full-flat of strawberries is unknown at this time.

Although the strawberries are important since it **is** the Strawberry Fair, don't miss the fun of browsing the market tables filled with lightly used goods and incredibly good food.

The ever-popular tables that showcase collectibles, books, jewellery, and crafts will return. Exciting additional tables that highlight plants (house plants, seedlings and gardening items and garden decor), pets (sweaters for dogs, pet accessories and treats) while board games and movies will be added to the book table.

Strawberry Fair cont'd

As for the incredibly good food, there is the return of the Welsh Cake table along with baking and deli sales! And don't forget about the super-delicious desserts that will be flowing out of the kitchen.

But perhaps the best part is just being able to come together. Volunteering at such events is the greatest for meeting or greeting other members of our church. If you are willing to help in any area that needs you or have another suggestion for a table, contact the Elvira in the church admin office. If you are interested in helping at a particular table, contact the following convenors:

Table	Convenor	Email	Phone
Bake	Pat	lauder.patricia@gmail.com	306-789-6997
Welsh Cakes	Jean & Jerry	jjkeeley@sasktel.net	306-721-1543
Collectibles	Marian	marianpowell@sasktel.net	306-585-3090
Jewellery	Doris	doemae@accesscomm.ca	306-584-1109
Books, Movies, Games	Jan	jan.hbesse@gmail.com	306-584-7830
Deli	Tannis	tgpatterson@sasktel.net	306-586-2799
Crafts	Janet	jtwtencraig@gmail.com	306-545-0198
Plants & More	Cheryl	cheryltoth81@gmail.com	306-586-7432
Strawberry Patch	Shelley	smproux.regina@gmail.com	306-533-2240
	Lisa	lmarkesteyn@gmail.com	306-550-5491
Pet Accessories/Treats	Lindsay		306-789-7590
Media/PR	Angie	wa3f@sasktel.net	306-570-2236
General Information	Elvira		

Supreme Strawberry Topping

This homemade strawberry sauce is bursting with fresh strawberry flavor! Serve it cold as a dessert topping over cheesecake or ice cream. Or, warm it up and enjoy it for breakfast over pancakes or waffles. Store covered in the refrigerator.



1 pint fresh strawberries, hulled and halved
 ½ cup white sugar
 1 teaspoon vanilla

Michael Jackson Memories

We have begun to adjust to life at St. Paul's without the ongoing support and insight from Michael Jackson; however, we do have the opportunity to capture his memory in a memory book. Please take the time to write down your memoirs of Michael and pass along any photos that you have. This is a book that will stay at St. Paul's to introduce others to a person that offered so much to his beloved church.



Cathedral Spring Cleaning



A spring cleaning and beautifying crew will be needed on May 27 to prepare the grounds surrounding the Cathedral for the spring and summer seasons. Many hands make for light work so if you are able to help out call Tannis Patterson at 306-586-2799 or tgpatterson@sasktel.net for more information.

Do You Know...



...at the conclusion of Maundy Thursday (Last Supper), all ornaments, linens and paraments are stripped from the altar and sanctuary to symbolize the humiliation Jesus suffered at the hands of the soldiers during his arrest, trial, and death on the cross.

Easter Sunday is the celebration of His resurrection. The bare altar and sanctuary will now be adorned with white and gold paraments and vestments as these colours mark the key points in Jesus' life.



...that coffee, tea and dainties are served after the Eucharist Service on Sunday mornings? Come meet the people that you see at church!



...what is Evensong? Evensong is a worship service from a centuries-old liturgical tradition that offers an atmosphere of contemplative devotion through choral music, chant and prayer sung by the choir. It allows a person time for deep personal reflection which lingers long after the service. The

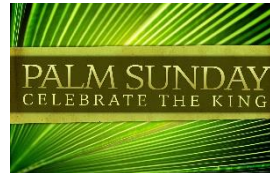
next Evensong will be announced in the church bulletin, *Cathedral Calling* and the *St. Paul's Cathedral Facebook page*.



...that the vote held during the Annual General Meeting on the motion to provide marriage ceremonies to same-gender couples at St. Paul's Cathedral was very-positively passed in favour of offering this service.

The Cathedral Calendar

April 2 Palm Sunday
 Blessing of Palms
 10:00 a.m. Eucharist Service

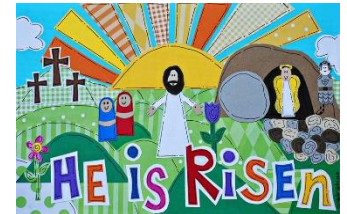


April 7 Good Friday
 12 noon



April 8 Easter Vigil
 Choral Eucharist, 9:00 p.m.

April 9 Easter Day
 Holy Eucharist, 10:00 a.m.



May 12 – 13 **At Last**, A romantic comedy fun fundraiser!
 7:30 p.m.

May 27 Spring cleanup of church grounds

June 3 Strawberry Fair
 8:30 a.m. – 2:30 p.m.

Q: What did one strawberry say to the other strawberry?

A: If you weren't so sweet, we wouldn't be in this jam.



St. Paul's Cathedral Contact Information

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